

Homemade Sunscreen

This blog and photography are courtesy of Nic Abraham. For more of her wellness tips, visit [her website](#) or her Instagram @arandomslife.

Ingredients:

- ½ Cup of Almond Oil
- ¼ Cup Of Coconut Oil
- 2 TBSP Zinc Oxide
- 1 TSP of Red Raspberry Seed Oil
- 1 TSP of Carrot Seed Oil
- Optional: ¼ Cup of Beeswax
- Optional: 2 TBSP of Shea Butter
- Optional: Drops of Essential Oils



Instructions:

1. Mix all ingredients (except zinc oxide) in a double boiler.
2. Heat until melted and well mixed.
3. Allow ingredients to cool just a little.
4. Mix in zinc oxide and stir well.
5. Store in a cool place or refrigerator.